



CODE OF CONDUCT

PARTICIPANT

Sussex Martlets is fully committed to safeguarding and promoting the well-being of all our members. The club believes it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and share any concerns or complaints that they may have about any aspect of the club with Natalie Pullen (Welfare Officer)

As a member of Sussex Martlets you are expected to abide by the following club rules:

- All members must participate within the rules and respect coaches, judges and their decisions.
- Members must read and adhere to the clubs Child Protection and Equal Opportunities policy.
- All members must respect opponents and fellow club members. Never participate in any form of bullying.
- Members should keep to agreed timings for training and competitions or inform their coach if they are going to be late or are unable to attend a training session or event.
- Members should put 100% effort into training and strive to do their best at all times, even if it means that they don't win every time, taking part is what really matters.
- Members must wear suitable attire for training and events as agreed with the coach. Keep all long hair tied back. Remove all forms of jewellery and body piercings.
- Members must pay any fees for training, club related items or events promptly.
- Members must not smoke, consume alcohol or take drugs of any kind whilst representing the club at competitions, training sessions or other events.
- Members should treat all equipment with respect.
- Members must inform their coach of any injuries or illness they may have before the warm-up begins.
- Members should not eat or chew gum during a session.
- Members must not use bad or inappropriate language.
- Members should remain with coaches at the end of a session until collected by their parent or guardian.
- Members should refrain from using mobile phones and any electronic devices during their training session